

BREAKFAST & BRUNCH

SERVED 9-12

HUSTLE & CO

Prince Albert Row, 71 Station Parade, Harrogate, HG1 1ST. 01423 552844
www.hustleandcoafe.co.uk hello@hustleandcoafe.co.uk

OATS 6.75

A generous serving of hot organic porridge oats

GF ON REQUEST

Coconut and Chia VE | DF cooked oats with coconut milk and fresh banana, topped with toasted coconut flakes, chia seeds and agave drizzle

Summer Fruit VE | DF a bowl of summertime goodness, with oat milk, house-made fruit compote, dairy or non-dairy yoghurt topped with omega seeds

Almond and Cherry VE | DF | N a blissful bowl of Bakewell flavours, almond milk and almond syrup, served with sweet cherry compote topped with candied almond brittle

CLASSIC HOUSE-MADE PANCAKES GF | DF | LF

THE SAVOURY 12.50

Savoury granola & maple on the side with avocado salsa, maple glazed crispy bacon and a chilli fried hen's egg

GO VEGAN with avocado salsa, wilted spinach, balsamic roasted baby vine tomatoes, chimichurri and vegan feta

ADD · Sautéed mixed mushrooms +2.50

THE SWEET VE | N | P 11.00

Fresh Sliced Banana mixed berries, peanut butter caramel sauce, maple syrup & candied almond brittle

ADD · Yoghurt pot +.50

HOUSE-MADE GRANOLA 6.75

A gluten free energy boosting bowl of house-made goodness

VEo | GF | N

Our GF toasted oat granola is packed with nuts, seeds & dried berries, baked for the perfect crunch with high grade Canadian maple and *partnered with* Greek yoghurt (non-dairy available) and summer fruit compote

WRAPS & BAGELS 9.75

Multigrain Bagel | GFo or ask for today's choice of tortilla wrap

Crispy chicken with rocket, red peppers, house creole mayo, dressed leaves and summer slaw

Middle Eastern spiced spinach falafel with flavourful Lebanese red pepper cream, rocket and summer slaw **VE | N**

Smoked salmon with herby cream cheese, pickled pink onions on a bed of peppery rocket

Smokey, seasoned and lightly dusted crispy halloumi sticks with rocket and creole mayo and summer slaw **| V**

FRENCH TOASTS

THE SAVOURY | GFo 12.50

Crispy Egg-soaked brioche with maple glazed streaky bacon, avocado salsa, roasted balsamic vine tomatoes, sauteed mushrooms and chimichurri drizzle
ADD · Sticky halloumi +2.50 Chilli fried hens egg +1.75

THE SWEET | N 10.50

Almond brioche French Toast served with sweet cherry compote, Greek yoghurt and candied almond brittle
ADD · Peanut butter caramel sauce +.75

HUSTLE HASH V | VEo | GF 13.50

Roasted roots, avocado, spinach, crispy smoked bacon and chorizo crowned with two poached lan Taylor eggs, roasted balsamic vine tomatoes finished with chipotle ketchup **ADD Sticky halloumi +2.50 · Sautéed mixed mushrooms +2.50**

GO VEGAN with roasted roots, avocado, spinach with sauteed mixed mushrooms, VE feta, topped with roasted balsamic vine tomatoes with chipotle ketchup **| VE | ADD - Sautéed tofu +2.50**

TOPPED TOAST 9.75

Choose from white poppy seeded or farmhouse granary bloomer

Smashed avocado, smoked streaky bacon and two poached lan Taylor eggs

Sautéed mixed mushrooms finished with truffle oil, cashew cream, toasted pine nuts chimichurri drizzle **VE | DF | GFo | N**

Smoked salmon, capers and pink pickled onions on a bed of herby lemon cream cheese with avocado salsa and lemon wedge

ADD

- Pan seared chorizo +2.50
- Smoked salmon +3.25
- Maple glazed streaky bacon +2.75
- Sticky halloumi +2.50
- Wilted spinach +1.50
- Avocado +2.50
- Feta +1.75 · VE feta +2.00
- Crispy chilli fried hen's egg +1.75
- Sautéed mixed mushrooms +2.50 - with truffle oil/miso +.25
- Sautéed miso glazed tofu +2.50
- Roasted balsamic vine tomatoes with chimichurri +2.25

BAKES & CAKES SEE OUR BOARD FOR TODAY'S SPECIALS

All-butter croissant & Strawberry conserve 4.50
· Almond | N 4.00 · Vegan Blueberry 4.00

Toasted bloomer, 2 slices 3.00
choose from white poppy seeded or granary served with butter and strawberry conserve

Artisan gluten-free cinnamon and raisin bagel 6.50 toasted and served with a generous portion of maple cream cheese and spring fruit compote **| GF**

Toasted filled croissant 7.25
Choose from · Sautéed mixed mushrooms or · Maple glazed steak bacon with melted monterey jack

GOOD FOOD TAKES TIME...

Thanks in advance for your support and patience if, at peak and busy times your food takes a little longer to arrive than normal

Please ALWAYS inform a member of our staff of any **ALLERGIES** or **INTOLERANCES** before placing your order. Some dishes may contain nut traces. For allergy and intolerance information, please ask to see our allergen matrix.
DIETARIES & ALLERGENS DF - Dairy Free | GF/GFo - Gluten Free/Options Available | V - Vegetarian | VE/VEo - Vegan/Options Available | N - Nuts P - Peanuts | A full allergen matrix is available on request.

An optional service charge of 10% will be added to your bill; every penny of your tip goes to our restaurant team.

DRINKS

COFFEE

PROUD TO PARTNER 'YORK COFFEE EMPORIUM'.
OUR HOUSE BLEND IS ORGANIC AND FAIR TRADE

Americano (Black) 12oz	2.60
Cappuccino 12oz	3.20
Flat White 8oz	3.00
Double Espresso	2.35
Machiato · Original	2.75
Latte · Original 12oz	3.10
Mochaccino · Original 12oz	3.50
Zuma Dark Hot Chocolate VE 12oz	3.50
ADD cream or marshmallows	+ .50

EXTRAS

Amunra Shot *	+ .50
Extra Coffee / Flavour Shot	+ .50
Extra milk jug	+ .20
Milks Coconut · Almond · Soya · Oat	+ .50

*Amunra performance coffee, need a high caffeine hit?
Strong and dark roasted? Ask our crew to explain more about the benefits of Amunra, the clever coffee. Flavour notes of dark chocolate, toasted hazelnuts, sweet molasses & a hint of spice.

TEA

PROUD TO PARTNER 'TRUE TEAS'

Our Teas	2.75
Choose from: · Taylors Yorkshire Tea · Earl Grey · English Breakfast · Japanese Sencha Green · Peppermint · Berry Berry · Rooibos · Decaffeinated · Moroccan Mint · Sicilian Lemonade · Ginger & Lemongrass	
Fresh Infusions	2.50
Choose from: · Fresh mint leaves with honey · Ginger, lemon & mint with agave syrup · Turmeric, ginger, lemon & honey	

CAKES, BAKES & PASTRIES

WE SPECIALISE IN GLUTEN FREE & VEGAN BAKES
VISIT THE BAKE STATION TO SEE TODAY'S CHOICES
OR ASK THE HUSTLE CREW

SUMMER SPECIALS

Flavoured Iced Lattes	3.50
Flavoured Iced Mochas	4.00
Flavoured Iced Cappuccino	4.00
Choose from: · Maple · Butterscotch · Cinnamon · Honey · Vanilla · Salted Caramel · Irish Cream · Chai · Hazelnut · Flamed Orange · Wild Peppermint	
Health Lattes	4.00
· Beetroot · Matcha · Turmeric	
Zuma Hot Chocolate	3.50
ENJOY WITH Wild Peppermint or Flamed Orange	+ .50
Ginger Spiced Latte coffee based	4.00

FRESH JUICES

Juice Flights	5.00
A taster shot of all 4 of our signature house raw-pressed juicers, on a board with fruit garnish	
Hustle Tonic	4.50
A classic fresh pressed juice to start your day with, apple, pineapple, orange, lemon and strawberry.	
Green & Co	4.50
Goodness greens of spinach, broccoli, cucumber, apple, lemon and ginger	
B.C.P	4.50
Vitamin and nutrient rich orange, carrot and ginger raw pressed juice	
Roots & Fruits	4.50
Packing an antioxidant punch with fresh beets, carrots, ginger, apple and orange	
Juice Pure apple juice · Pure orange juice	2.50
Wellness Shot	1.95
Ginger · turmeric · super greens	

SOFT DRINKS

Housemade Lemonades	5.50
· Raspberry & Mint · Blueberry & Lavender · Hibiscus & Raspberry	
Virgin Bloody Mary with all the spice	5.50
Harrogate Water · Still · Sparkling 500ml 2.00 750ml 3.50	
San Pellegrino · Pomegranate & Orange · Blood Orange · Lemon & Mint	2.75
Karma Organic Soda Can	2.50
These bad boys are made from real organic and Fair Trade ingredients.	
Choose from: · Razza Raspberry & Lemon · Karma Cola <i>it's like drinking cola bottles!</i> · Gingerella Ginger Ale · Lemony Lemonade · Karma Cola 'Sugar Free'	
Fever Tree · Premium Tonic Water / Light · Aromatic Tonic · Elderflower Tonic · Mediterranean · Spring Soda	1.85
Coca Cola · Original · Diet	2.50

Money from the sale of each drink goes to the Karma Foundation

SMOOTHIES

Hustle Muscle N	5.00
The perfect post-workout smoothie. Medjool dates soaked in a double shot of Amunra performance coffee, vanilla protein powder, almond milk.	
Breakfast N	4.75
Slow-releasing energy smoothie, made with banana, granola, oat milk and agave syrup	
Raw Cacao N	4.75
Creamy cashew nuts, organic cacao, banana, oat milk & agave syrup	
Berry Blast	4.75
A delicious fresh fruit smoothie, with fresh mint, sweet berries & apple juice	
Ginger Beets	4.75
Power-packed antioxidants beetroot & ginger with flavoursome blueberries & pineapple	
ADD AN EXTRA SHOT TO YOUR SMOOTHIE	+ 1.00
· Whey or Hemp Protein Powder · Matcha · Spirulina	

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